TREATMENT OF ALLERGY, OBESITY AND AUTO-IMMUNE ILLNESSES

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Research on Placebo-effect: Client's expectation for positive outcome of treatment and associative learning supports each other – and only together at same time deliver result on inhibition of IL-2 (interleukin) release (Albring et al, 2012), in other words: Immune-response inhibition can be learned.


Neuro-Linguistic-Psychotherapy: Anamnestic matched sample study - 55 client in classic and 60 in NLPt - shows effectivness of NLPt over traditional treatments even in cases related to control and anxiety. After traditional treatments 47.5% of clients observes lack of change, 8% feels themselves even worst, in contrast, no change is observed by only 1.9% participants of NLP-therapy, nobody feels worst, and two-thirds feels better. (Genser-Medlitsch & Schütz 2004.)


Dilts et al, (1990): Allergy process Merges the most effective methods of other approaches - dissociated state, expectation of positive outcome, experience of reference, emerging positive intention, secondary benefit – and creates a short method to treat the psychic illness.
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In search for T-cell gateways, lymphatic vessels between brain and body were discovered (Loveau et al., 2015), which are able to carry both fluid and immune cells from the cerebrospinal fluid, and are connected to the deep cervical lymph nodes.

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Gyula Biro based on past experiences (2006, 2009) further develops the method as previously discussed (Biro, 2015; Nyikus, 2015; Porzsolt, 2015)


Nyikus, L. (2015) Psychosomatic Allergy caused by dust and pollen 40th EANLPt Conference, Budapest, 07.11.2015
How obesity relates?

The main immunologic reason behind obesity is an altered immune-response (e.g. IL6, IL-1b), causing insulin resistance and visceral inflammation.

Conclusion: re-conditioning might be a solution

55+ FEMALE, hypothyroidism recorded and rhapsodic weight gain since 2012 (from 54-56 kg to 70-72 kg in 3 waves) "drastical change after 4 session normal eating, reduced sport activity (walking and short exercises only)"

First session: 2014/12/27
(final session: 01/2015)
Based on practice, **obesity can be treated successfully** with the allergy process-based NLP method.

The main question is how? Whether immunomodulation achieved? What cells (T, M, IL, ) are affected directly or indirectly?

Proper research might result in a sustainable life-program for the affected and **suggest new directions of developing methods targeting auto-immune illnesses.**
THANK YOU FOR YOUR ATTENTION

&

Dr. Gyula Biró for his time, helpfullness and motivation!